

7 Fundamental Principles	Fundamental Principles components	Related Humanitarian values	7 Personal Skills
Humanity	<ul style="list-style-type: none"> • Alleviate and prevent suffering • Protect life and health • Ensure respect for and protection of the individual 	<ul style="list-style-type: none"> • Active goodwill and care • Protection of human dignity and well-being • Mutual understanding and peace 	<ul style="list-style-type: none"> - Empathy - Active Listening - Critical thinking and non-judgement - Non-violent communication - Collaborative negotiation and mediation - Personal Resilience - Inner peace
Impartiality	<ul style="list-style-type: none"> • Non-discrimination • Actions are solely guided by needs, proportional to the degree of suffering and prioritised on the basis of urgency • No individual action or decision on the basis of prejudice or personal preference 	<ul style="list-style-type: none"> • Equality of rights, equity of treatment • Respect for diversity and openness • Objectivity and accountability 	
Neutrality	<ul style="list-style-type: none"> • Based on the need to build and maintain the trust of all • No taking sides in armed conflicts • No engagement in controversies of a political, racial, religious or ideological nature. 	<ul style="list-style-type: none"> • Confidence (trust) • Self-control and discipline • Freedom of action and objectivity 	
Independence	<ul style="list-style-type: none"> • Not letting political, economic, social, religious or financial pressure interfere with Red Cross Red Crescent position or action • Auxiliary to public authorities respecting the country's legislation • Maintain autonomy to be able to act in accordance with the Fundamental Principles • Auxiliary to public authorities respecting the country's legislation • Maintain autonomy to be able to act in accordance with the Fundamental Principles 	<ul style="list-style-type: none"> • Sovereignty and freedom of action • Cooperation • Integrity and transparency 	
Voluntary Service	<ul style="list-style-type: none"> • Freely accepted commitment • No desire for gain • Selflessness 	<ul style="list-style-type: none"> • Spirit of altruism and generosity • Spirit of service and humility • Spirit of responsibility and discipline 	
Unity	<ul style="list-style-type: none"> • One National Society per country • Open to all • Active in entire country 	<ul style="list-style-type: none"> • As One • Diversity and inclusiveness • Harmony and cohesion 	
Universality	<ul style="list-style-type: none"> • Global mission • Equality of National Societies • Solidarity 	<ul style="list-style-type: none"> • Openness to all in the world • Cooperation • Mutual assistance 	



HUMANITY - The International Red Cross and Red Crescent Movement, born of a desire to bring assistance without discrimination to the wounded on the battlefield, endeavours, in its international and national capacity, to prevent and alleviate human suffering wherever it may be found. Its purpose is to protect life and health and to ensure respect for the human being. It promotes mutual understanding, friendship, cooperation and lasting peace amongst all peoples.



IMPARTIALITY - It makes no discrimination as to nationality, race, religious beliefs, class or political opinions. It endeavours to relieve the suffering of individuals, being guided solely by their needs, and to give priority to the most urgent cases of distress



NEUTRALITY - In order to continue to enjoy the confidence of all, the Movement may not take sides in hostilities or engage at any time in controversies of a political, racial, religious or ideological nature.



VOLUNTARY SERVICE - It is a voluntary relief movement not prompted in any manner by desire for gain.



INDEPENDENCE - The Movement is independent. The National Societies, while auxiliaries in the humanitarian services of their governments and subject to the laws of their respective countries, must always maintain their autonomy so that they may be able at all times to act in accordance with the principles of the Movement



UNITY - There can be only one Red Cross or one Red Crescent Society in any one country. It must be open to all. It must carry on its humanitarian work throughout its territory.



UNIVERSALITY - The International Red Cross and Red Crescent Movement, in which all Societies have equal status and share equal responsibilities and duties in helping each other, is worldwide.